



# Sexual consent



**Easy Read**

## About this guide



This info guide is about sexual consent and the law.



**Sexual consent** is when you choose to agree to do anything sexual with someone.

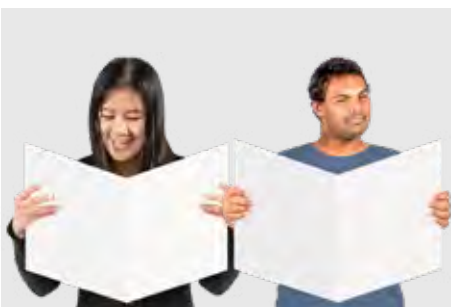


Sexual consent means you and the other person feel safe with what happens.



The NSW Government has laws about sexual consent.

**Laws** are rules that everyone in NSW must follow.



This info guide will tell you about the laws for sexual consent and how you can follow them.

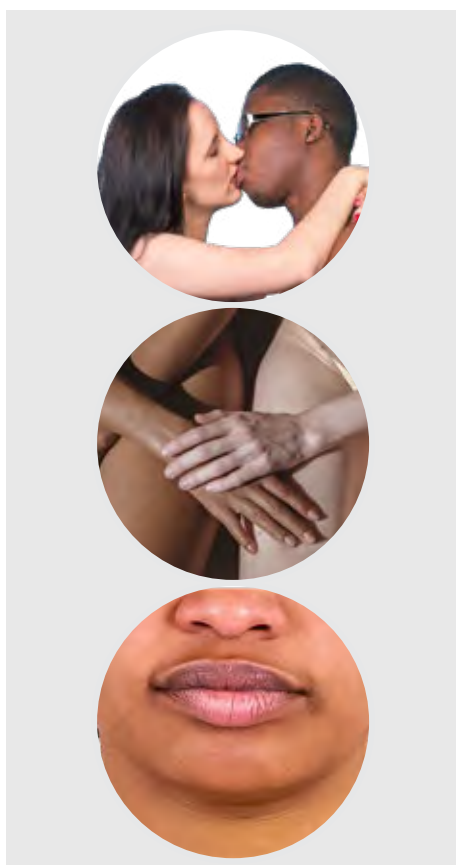
# When you must have sexual consent



The law says you must have sexual consent when you do anything sexual with someone.

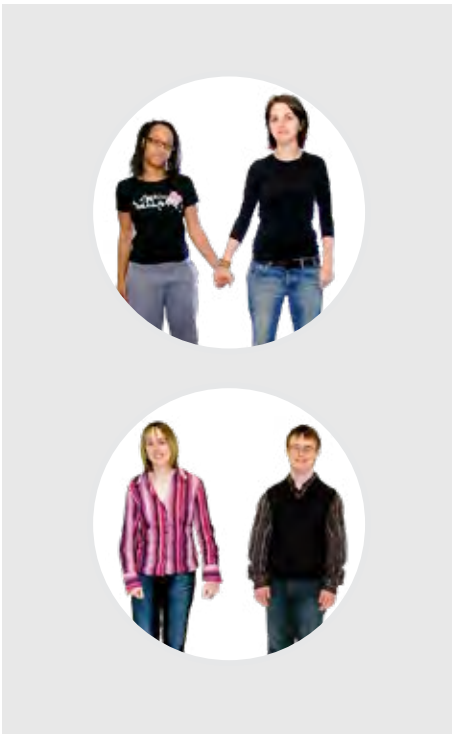


This could be having sex with someone.



It could be other sexual things like

- Kiss
- Touch each other
- Oral sex.



You must have sexual consent if you

- Are in a relationship with that person
  
- Are not in a relationship with that person.



**Women With Disabilities Australia** has Easy Read info about what sex is.



To learn more about what sex means you can go to their website at

**[www.bit.ly/what-is-sex](http://www.bit.ly/what-is-sex)**

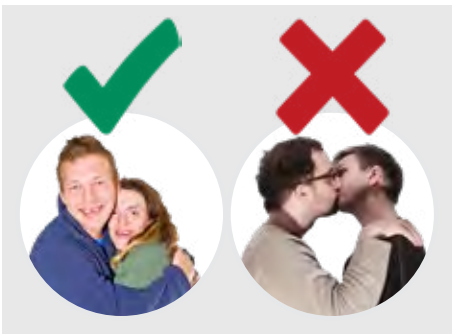
# Sexual consent and choice



The law says it is your choice what sexual things you agree to.



You can choose to agree to one sexual thing and not agree to another.



This could be things like agree to touch each other but not to kiss.



The law says the other person must listen to what you say or do.

# How to give sexual consent



You can use your words to give sexual consent.



You can say things like

- Yes
- Lets do it
- I am happy to do it.



You can use body language to give sexual consent.

**Body language** means what you do with your body.



Body language helps show how you feel.





Body language can be things like

- Look at someone or look away
- Arms open or closed
- Nod or shake head.



You can choose how you give your sexual consent.



The other person must always check for your consent when you do anything sexual.

# Check for sexual consent



The best way to check sexual consent is to ask the person.



When you ask questions it can help keep you and others safe.



The law says you must check for consent before you start to do anything sexual with another person.



You can ask questions like

- Can I kiss you?
- Can I touch you?
- Do you want to have sex?





You can keep checking for consent while you have sex.



You can ask questions like

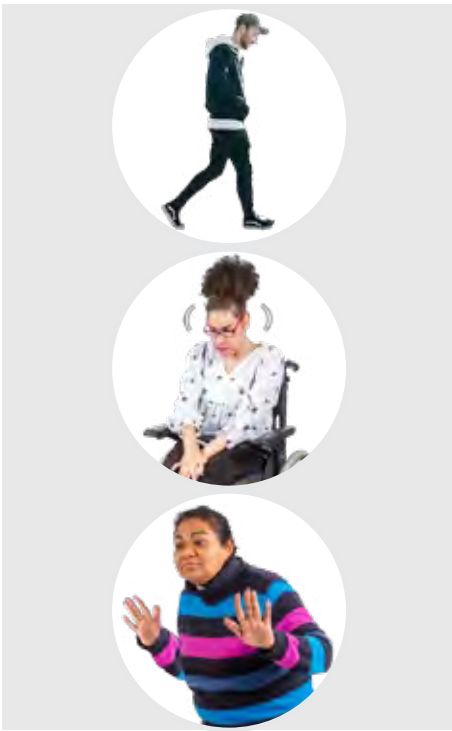
- Is this okay?
- How does that feel?
- Want me to keep going?



You can also check for consent by looking at the persons body language.



They have to give consent by saying yes or using their body language.



Body language that means **no** can be things like

- Move away
- Shake head
- Stop what they are doing.



If someone says no or their body language shows they do not give consent you must

- Stop straight away
- Ask the person if they are ok.



If you do not stop when someone shows they do not give consent it is called sexual assault.



**Sexual assault** is against the law.

## Take back sexual consent



The law says anyone can take back their sexual consent.

This means you can choose to stop doing sexual things at any time after you agreed.



If someone takes back their sexual consent the sexual things must stop straight away.



If the sexual things do not stop when someone takes back their sexual consent it is sexual assault.

# Times when you can not give sexual consent



There are times when you can not give sexual consent.



The law says you can not give sexual consent if

- You are not awake
- You are very drunk or had lots of drugs
- Someone made you say yes.



The law says you can not give sexual consent at those times even if you say yes.

# What the law says about sexual consent



The law says you can not do anything sexual if you and the other person do not give sexual consent.



Having sex with someone who does not give sexual consent is sexual assault.

## The new NSW laws



In 2022 new laws about sexual consent started in NSW.



The new laws in NSW say it is not sexual consent just because you did not say no.



The law says sexual consent must be given by what you say or do.

This means to

- Use your words
- Use your body language.



The law says you must check if the other person has given sexual consent.



You can check for consent by

- Asking them questions
- Looking at their body language.

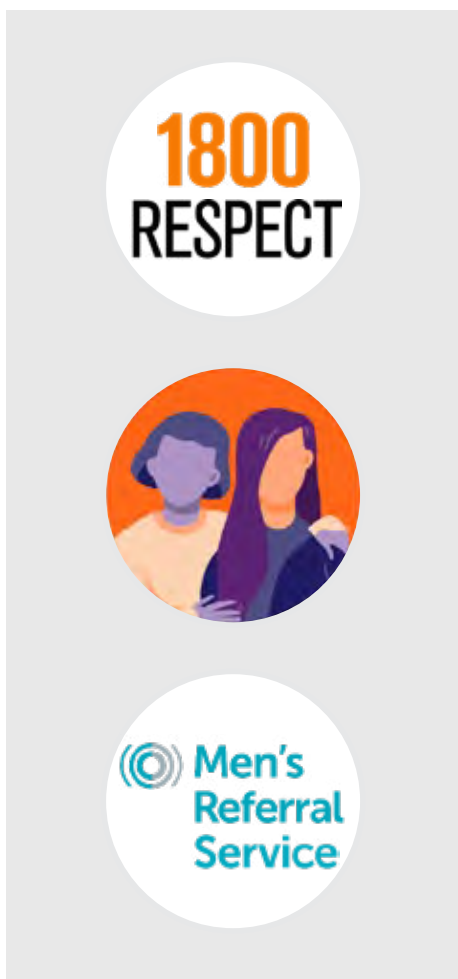


## Support info



There are supports if you want to talk about a bad sexual thing that has happened to you.

This could be sexual assault.



If you or someone you know needs help you can call

- 1800 RESPECT on **1800 737 732**
- NSW Sexual Violence Helpline on **1800 424 017**
- Mens Referral Service on **1300 766 491**

Council for Intellectual Disability made this document Easy Read. **CID** for short. You can not use any pictures in this document.

You can contact CID for more info at [business@cid.org.au](mailto:business@cid.org.au).