1

00:00:00,000 --> 00:00:06,000

Leaving and Aftercare Caseworker Training Video

2

00:00:06,000 --> 00:00:13,474

A helping hand to find a

home - Aaron s story

3

00:00:13,474 --> 00:00:13,496

Time

Theme/main message

4

00:00:13,496 --> 00:00:13,540

Opening credits and scene

NSW government logo

5

00:00:13,540 --> 00:00:13,582

A Helping Hand to find a Home

Aaron s Story

6

00:00:13,582 --> 00:00:15,760

Caseworker Simone sometimes young people

might be involved with services that aren't

7

00:00:15,760 --> 00:00:19,840

going to continue past 18. What is the

plan going to be, how are we going to make

8

00:00:19,840 --> 00:00:24,360

sure this person still gets their mental

health needs met? That can be for lots

9

00:00:24,360 --> 00:00:29,960

of different services including accommodation,

you know the basic thing of, whatever it may be

10

00:00:29,960 --> 00:00:36,040

Aaron I was going through a really tough

time trying to put a roof over my head,

11

00:00:36,040 --> 00:00:42,160

struggling to get food and things like that,

but my caseworker Sefar has been really great

12

00:00:42,160 --> 00:00:49,280

and helping me out a lot and even got me in

to see a counsellor cause I was really angry

13

00:00:50,040 --> 00:00:56,960

and sad and just frustrated at my situations

all the time. We sat down and did this online

14

00:00:56,960 --> 00:01:03,760

mental health checklist which really helped out

and spoke a lot about things that had happened

15

00:01:03,760 --> 00:01:14,520

to me years ago that I m still holding on to

apparently, about how to get over those things

16

00:01:14,520 --> 00:01:23,400

Aaron My main goal is to find a place to stay,

my own place that I can stay long term. He showed

17

00:01:23,400 --> 00:01:28,280

me a whole bunch of listings and we went and

checked a few places out. It s really awesome

18

00:01:28,280 --> 00:01:34,040

having him there because it s hard to find what's available and what s within my budget range,

19

00:01:35,160 --> 00:01:40,120

all the forms you ve got to fill out, he was great

because we sat down and did everything together,

20

00:01:40,120 --> 00:01:43,280

he s done it a lot of times before

so we just breezed through it all,

21

00:01:43,280 --> 00:01:46,600

so it was really helpful. I didn't realise just how much it would

22

00:01:46,600 --> 00:01:57,000

take to get into a place and get on a lease

and pay the bond and get all the appliances

23

00:01:57,000 --> 00:02:06,240

Aaron What I want in the near future and finishing

off my TAFE course. I m studying graphic design at

24

00:02:06,240 --> 00:02:12,360

TAFE at the moment, that's gone really well

and I m really excited to see where it goes

25

00:02:12,360 --> 00:02:20,240

and what else we can learn. My caseworker

Sefar came the other night to this awards

26

00:02:20,240 --> 00:02:29,760

ceremony we had. He didn't have to come but it

was really awesome to see him there in the crowd.

27

00:02:29,760 --> 00:02:35,080

Aaron Now that I'm a bit more settled in my

own place, I don t feel that I need to lie to

28

00:02:35,080 --> 00:02:43,640

people anymore about what I'm doing or where I m

living, I feel better about talking to people now,

29

00:02:44,800 --> 00:02:52,680

before Sefar I really didn t have anyone.

It feels great to have someone that you can

30

00:02:52,680 --> 00:02:59,400

trust and that you can rely on to help you out.

He's even got me on contact with

31

00:02:59,400 --> 00:03:06,120

my uncle who I haven t seen in forever

and now I m going around to his place,

32

00:03:06,120 --> 00:03:11,352

having dinner with him and his family once

or twice a week and that s awesome. That's

33

00:03:11,352 --> 00:03:18,460

really great cause I think that the

family you do have is really important

34

00:03:18,460 --> 00:03:20,800

Caseworker Simone - The pull of their

family is always going to be the most

35

00:03:20,800 --> 00:03:25,440

important thing. So if you can find people

who can form meaningful relationships beyond

36

00:03:25,440 --> 00:03:29,440

your time and their time in care, that is

going to be the most important thing for

37

00:03:29,440 --> 00:03:35,200

them. Because isolation is really, really

toxic for young people and then you think

38

00:03:35,200 --> 00:03:39,640

about how that compounds if that isolated

teenager then goes on to have children of

39

00:03:39,640 --> 00:03:59,609

their own and then they become the isolated

families that we get reports on all the time.

40

00:03:59,609 --> 00:03:59,641

Closing credits

Thank you to:

41

00:03:59,641 --> 00:03:59,658

Simone Caseworker

42

00:03:59,658 --> 00:04:01,635

Based on young people s stories

Performed by actors

43

00:04:01,635 --> 00:04:03,880

www.facs.nsw.gov.au/leavingcare

44

00:04:03,881 --> 00:04:05,257

NSW government logo