

Factsheet for young people

Transition to Independent Living Allowance (TILA)

September 2025

The Transition to Independent Living Allowance (TILA) is a one-off allowance of up to \$1,500 per person to help young people who are leaving, or have left, out-of-home care (OOHC).

The payment, which is provided by the Australian Government, will help you start living independently. It supports your leaving care plan, providing you with money to put towards such things as rent, education or training, life skills or health.

How do I apply for the allowance?

The caseworker responsible for your placement will help you apply for TILA. You must have a leaving care plan in place to claim TILA.

If you are getting ready to leave care, talk to your caseworker about TILA during your next meeting.

If you have already left care, talk to the agency responsible for your last placement about claiming TILA, or call the Care Leavers Line on 1800 994 686.

Am I eligible?

Caseworkers will help assess your eligibility for TILA. You may be eligible if you:

- Are aged 15–25 years
- Have been in, or are currently in, statutory out-of-home care
- Are an Australian citizen or permanent Australian resident
- Have a leaving care (transition to independence) plan
- Have not received the full amount of TILA assistance previously (total is \$1,500).

What information will I need to provide?

You will need to provide basic information about your current accommodation, employment and education or training, and a *Centrelink Customer Reference Number* (CRN) if you have one.

More information

For more information, speak to your caseworker or the agency that managed your OOHC placement, or contact the Care Leavers Line on 1800 994 686 or careleavers@dcj.nsw.gov.au.

For information about what support and financial help is available, visit nsw.gov.au/living-nsw/young-people/leaving-care