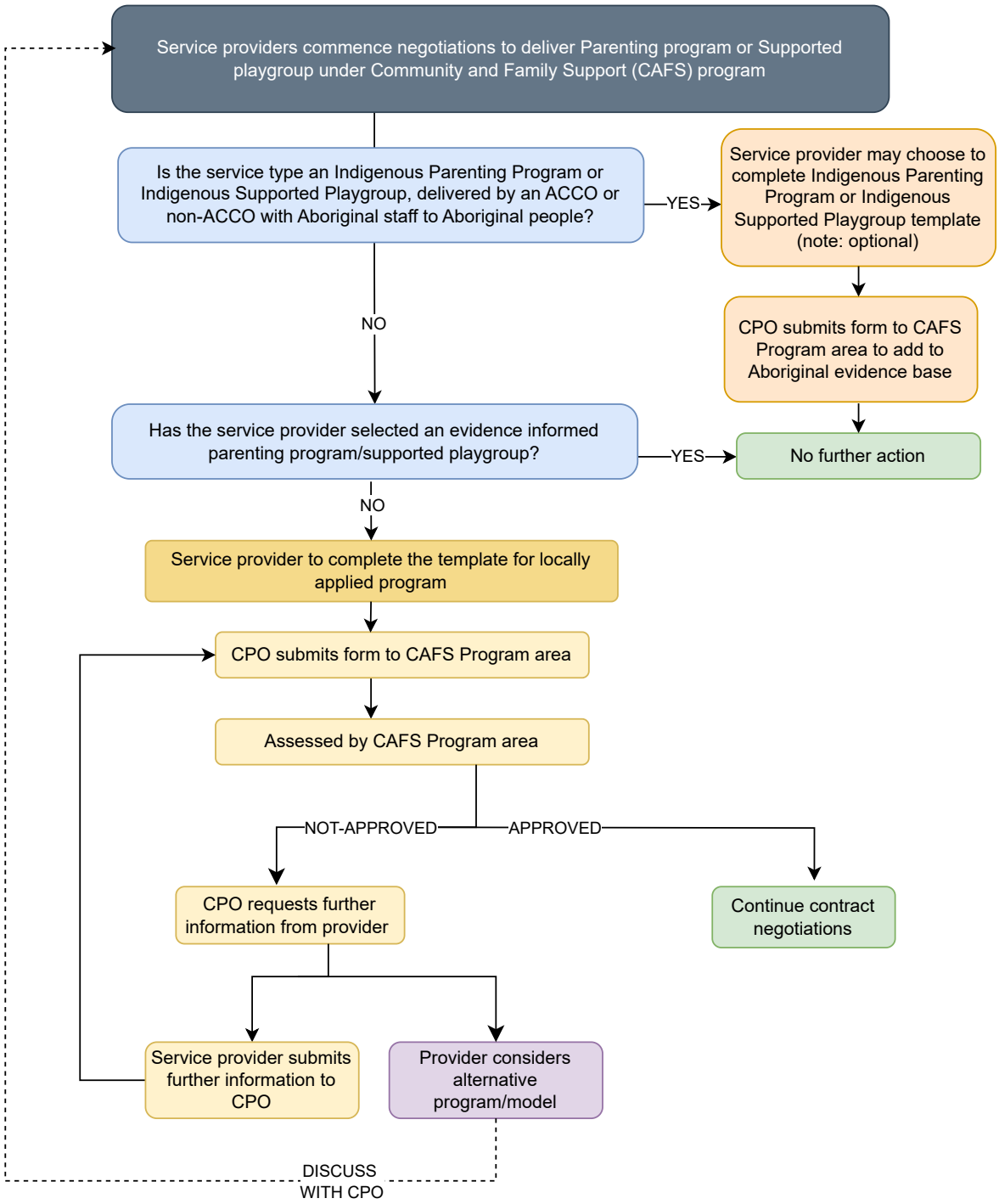Process for submitting locally applied parenting programs and supported playgroups