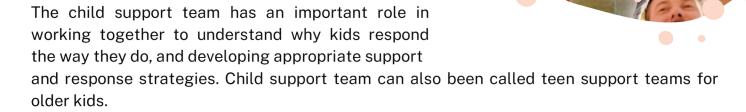
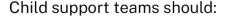


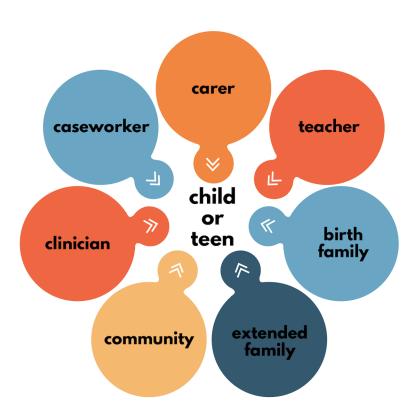
## **Child Support Team**

FOR CARERS





- identify triggers and trauma behaviours
- work together to help children kids feel safe, build relationships, develop and grow
- collaborate to make important decisions about a child/teen's life
- be involved in the child's case plan meetings, to ensure the case plan is developed by those that know the kids best
- develop a network of support for child's carers
- plan for times when additional support may be required such as school holidays, family visits or anniversaries identified as triggers



It's important to build a support team that works together to understand triggers and responses through a trauma lens. Carers and caseworkers, alongside kids where possible, should work together to identify potential members. These people should be trusted to build positive connections with a child/teen in out-of-home care.

## You might consider:

- family members
- friends
- teachers or day-care providers
- professionals such as psychologists, occupational therapists and speech pathologists
- community members, neighbours, coaches or respite providers

**Healing from Trauma**LINKS Training and Support