

Child Support Team

FOR CARERS

The child support team has an important role in working together to understand why kids respond the way they do, and developing appropriate support and response strategies. Child support team can also be called teen support teams for older kids.

Child support teams should:

- identify triggers and trauma behaviours
- work together to help children kids feel safe, build relationships, develop and grow
- collaborate to make important decisions about a child/teen's life
- be involved in the child's case plan meetings, to ensure the case plan is developed by those that know the kids best
- develop a network of support for child's carers
- plan for times when additional support may be required such as school holidays, family visits or anniversaries identified as triggers



It's important to build a support team that works together to understand triggers and responses through a trauma lens. Carers and caseworkers, alongside kids where possible, should work together to identify potential members. These people should be trusted to build positive connections with a child/teen in out-of-home care.

You might consider:

- family members
- friends
- teachers or day-care providers
- professionals such as psychologists, occupational therapists and speech pathologists
- community members, neighbours, coaches or respite providers