

21 August 2018

# Domestic and Family Violence Innovation Fund Round 2

## **Grand Pacific Health**

Parents who are exposed to domestic and family violence are managing their own difficulties at a time when children are most in need of strong parenting.

#### **Black Box Parenting**

As part of the Domestic and Family Violence Innovation Fund Grand Pacific Health will develop and implement the *Black Box Parenting* project over three years. Grand Pacific Health will develop and run a series of workshops for clinicians to deliver specialised group workshops for parents with a history of domestic and family violence. These workshops will work with parents to restore attachment relationships with their children following violence.

Building capacity in parents who have experienced violence to develop healthy and strong relationships with their children improves positive child development and decreases the likelihood of children experiencing violence as a victim or perpetrator in the future.

### What is the project?

Black Box Parenting will build a workforce of clinicians across rural and urban areas skilled to support parenting after experiences of violence.

The workshops will combine evidence based techniques such as play therapy and behaviour management with education on the effects of trauma and attachment disruption.

Black Box Parenting will support the NSW Domestic and Family Violence Blueprint for Reform 2016-2021 by intervening early and preventing domestic and family violence in communities across NSW.

#### **Further information**

For further information regarding *Black Box Parenting*, please contact Women NSW at <a href="mailto:DFVInnovation@facs.nsw.gov.au">DFVInnovation@facs.nsw.gov.au</a> or (02) 9248 0800.